

# November 2022

Highlights for November


MON	TUE	WED	THU	FRI	SAT	SUN
October 31	1	2	3	4	5	6
First day of official practice. 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Preseason Tournament @ Crockett	
7	8	9	10	11	12	13
Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm		
14	15	16	17	18	19	20
Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm		
21	22	23	24	25	26	27
Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	<b>Practice 8:00 - 10:00 am</b>	<b>Thanksgiving: NO PRACTICE</b>	<b>Practice 8:00 - 10:00 am</b>		
28	29	30				
Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm				

# December 2022

## Highlights for December

December 2: Everyone will help set up mats and scoring tables

December 3: We host Border Duals (Varsity & Middle School Tournament)

December 4: Everyone will work a shift for our youth tournament (State Line Brawl)

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
			Practice 3:00 – 5:00 pm	<b>MAT SET UP AND PRACTICE FOR BORDER DUALS</b>	<b>BORDER DUALS: VARSITY</b>	STATE LINE BRAWL
5	6	7	8	9	10	11
Practice 3:00 – 5:00 pm	Practice 3:00 – 5:00 pm	Practice 3:00 – 5:00 pm	Practice 3:00 – 4:30 pm	Indian Classic: Kingsport, TN	Indian Classic	
12	13	14	15	16	17	18
Practice 3:00 – 5:00 pm	Match @ Chilhowie High School	Practice 3:00 – 5:00 pm	Practice 3:00 – 5:00 pm	<b>PRACTICE 1:00-3:00 PM</b> Due to early dismissal		
19	20	21	22	23	24	25
Practice 8:00-10:00 am	Practice 8:00-10:00 am	Match @ Lebanon High School	<b>NO PRACTICE</b>	<b>NO PRACTICE</b>		
26	27	28	29	30	31	
<b>NO PRACTICE</b>	<b>NO PRACTICE</b>	<b>NO PRACTICE</b>	Practice 8:00 – 10:00 am	Practice 8:00 – 10:00 am		

# January 2023

## Highlights for January

Jan 5: Everyone will help set mats up and we will have a very short practice.  
 Jan 6: Brawl in the Hall Day 1  
 Jan 7: Brawl in the Hall Day 2  
 Jan 8: Everyone will work a shift for Bristol Brawl Youth Tournament

MON	TUE	WED	THU	FRI	SAT	SUN
2 Practice 3:00-5:00 pm	3 Practice 3:00-5:00 pm	4 Match: Best of Bristol	5 Practice & Mat Set Up	6 Brawl in the Hall @ Tennessee High	7 Brawl in the Hall	8 Bristol Brawl
9 Practice 3:00-4:30 pm	10 Match @ Home: Elizabethton, West Ridge, & Volunteer	11 <b>NO PRACTICE: ENJOY THE DAY OFF</b>	12 Practice 3:00 - 5:00 pm	13 Practice 3:00 - 4:30 pm	14 Fandetti-Richardson Brawl @ Science Hill	15
16 Practice 3:00 - 5:00 pm	17 Match @ David Crockett (Quad)	18 Senior Night @ Tennessee High: Union & Abingdon	19 Practice 3:00 - 5:00 pm	20 Practice 3:00 - 5:00 pm	21	22
23 Practice 3:00 - 5:00 pm	24 Practice 3:00 - 5:00 pm	25 Practice 3:00 - 5:00 pm	26 Practice 3:00 - 5:00 pm	27 Region Duals: Site is to be determined	28	29
30 Practice 3:00 - 5:00 pm	31 Practice 3:00 - 5:00 pm					

# February 2023

Highlights for February


MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
		Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	TSSAA State Duals	
6	7	8	9	10	11	12
Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Region Tournament (Girls & Boys)	
13	14	15	16	17	18	19
Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Practice time to be announced later.	Practice time to be announced later.	Practice time to be announced later.	Sectional Tournament (Girls & Boys)	
20	21	22	23	24	25	26
Practice 3:00 - 5:00 pm	Practice 3:00 - 5:00 pm	Traveling to State Wrestling Tournament	TSSAA State Tournament	TSSAA State Tournament	TSSAA State Tournament	
27	28					